

Strategy Characteristics

Dividend Yield	2.46%
Number of Securities	45
Annual Turnover	53%

Five Largest Equity Holdings

IJJ	iShares S&P Mid-Cap 400 Value ETF	3.2%
UJK	iShares S&P Mid-Cap 400 Growth ETF	2.8%
IEMG	iShares Core MSCI Emerging Markets ETF	1.7%
AAPL	Apple Inc.	1.6%
TMO	Thermo Fisher Scientific Inc.	1.5%

Five Largest Fixed-Income Holdings

MINT	PIMCO Enhanced Short Maturity Active ETF	9.9%
LQD	iShares Investment Grade Corporate Bond ETF	7.1%
IGIB	iShares Intermediate-Term Corporate Bond ETF	6.3%
TIP	iShares TIPS Bond ETF	4.8%
MBB	iShares MBS ETF	4.8%

The listing of "Largest Holdings" is not a complete list of all securities in the strategy or which First Trust Advisors L.P. may be currently recommending. Furthermore, application of the investment strategy as of a later date will likely result in changes to the listing.

References to Morningstar Investment Management are made pursuant to a license obtained by First Trust Advisors L.P. (FTA), which is solely responsible for the content of this document and is the sole investment manager of the portfolios referred to herein. FTA is the investment adviser responsible for the day-to-day management of the FTA/Morningstar Multi-Discipline strategies. Morningstar Investment Management will provide FTA with a recommended asset allocation, which FTA will consider in managing a client's portfolio. FTA will then select the specific securities utilizing its investment process.

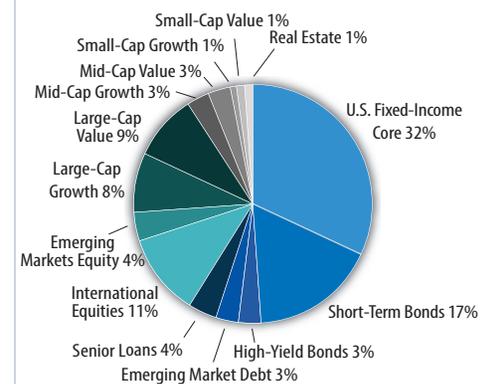
Portfolio Objective

The FTA/Morningstar Multi-Discipline 40/60 is a conservative strategy that seeks a combination of capital appreciation and income by investing across approximately 9 equity asset classes and 6 fixed-income asset classes.

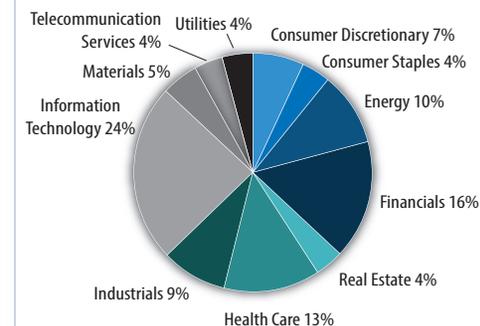
Investment Selection Process



Asset Allocation



Equity Sector Allocation



Strategy Management Process

Asset class weightings are readjusted and rebalanced annually to reflect the most recent Morningstar Strategic Asset Allocation Model. FTA retains flexible sector and industry weights and its weightings in such categories are principally a result of its stock selection process.

Equity Sell Discipline - positions are continually reviewed and may be sold if the share price reaches or exceeds our estimate of intrinsic value; the company's fundamentals deteriorate; there is a significant change in company management; there is a corporate action affecting the holding; and/or more attractive opportunities exist elsewhere.

Fixed-Income -The fixed income positions will be repositioned based upon Morningstar reallocations; FTA's interest rate forecasts; and/or the credit rating changes.

Key Investment Personnel

- David McGarel, CFA, CPA
- Daniel Lindquist, CFA
- Jon Erickson, CFA
- Roger Testin, CFA, CPA
- John Sherren, CFA
- Chris Peterson, CFA
- Todd Larson, CFA

You could lose money by investing in the Strategy. There can be no assurance that the Strategy will achieve its investment objectives.

The information presented is not intended to constitute an investment recommendation for, or advice to, any specific person. By providing this information, First Trust is not undertaking to give advice in any fiduciary capacity within the meaning of ERISA and the Internal Revenue Code. First Trust has no knowledge of and has not been provided any information regarding any investor. Financial advisors must determine whether particular investments are appropriate for their clients. First Trust believes the financial advisor is a fiduciary, is capable of evaluating investment risks independently and is responsible for exercising independent judgment with respect to its retirement plan clients.

	Pure Gross-of-Fees Return*%	Net-of-Fees Return %	Blended Benchmark Return %
YTD	2.26	0.86	1.95
1 Year	4.74	2.81	4.61
3 Year Annualized	6.95	4.91	6.91
5 Year Annualized	5.91	3.87	5.88
Since Inception (5/1/09) Annualized	7.94	5.86	7.83

First Trust Advisors L.P. (FTA) claims compliance with the Global Investment Performance Standards (GIPS®) and has prepared and presented this report in compliance with the GIPS® standards. FTA has been independently verified for the periods August 1, 1999 through June 30, 2017. Verification assesses whether (1) the firm has complied with all the composite construction requirements of the GIPS® standards on a firm-wide basis and (2) the firm's policies and procedures are designed to calculate and present performance in compliance with the GIPS® standards. The FTA/Morningstar Multi-Discipline 40/60 Composite has been examined for periods May 1, 2009 through June 30, 2017. The verification and performance examination reports are available upon request.

Year	Pure Gross-of-Fees Return*	Net-of-Fees Return	Blended Benchmark Return	Blended Composite 3-Year St. Dev.	Blended Benchmark 3-Year St. Dev.	Number of Portfolios	Composite Dispersion	Composite Market Value (in millions)	Total Firm Assets (in millions)
2009 (5/1/09 thru 12/31/09)	16.45%	15.03%	16.18%	N/A	N/A	28	N/A	\$ 4.6	\$ 9,683.6
2010	8.17%	6.02%	10.59%	N/A	N/A	72	0.19%	14.6	16,879.5
2011	4.56%	2.56%	2.82%	N/A	N/A	60	0.42%	13.3	16,444.5
2012	11.29%	9.16%	9.29%	6.82%	6.79%	58	0.63%	15.3	22,603.8
2013	9.71%	7.64%	9.49%	5.91%	5.67%	58	0.26%	14.5	32,021.6
2014	5.12%	3.03%	7.07%	5.08%	4.33%	60	0.15%	14.3	39,743.5
2015	1.33%	-0.64%	0.24%	5.33%	4.65%	62	0.19%	14.3	44,272.5
2016	5.37%	3.35%	6.09%	5.17%	4.60%	72	0.40%	16.6	45,620.1
2017	11.25%	9.09%	10.89%	4.59%	4.15%	64	0.22%	14.9	62,193.2
2018 (1/1/18 thru 9/30/18)	2.26%	0.86%	1.95%	N/A	N/A	68	N/A	17.0	77,161.5

* Pure gross-of-fees returns are presented as supplemental information to the disclosures required by GIPS®.

Notes:

1. First Trust Advisors L.P. (FTA) was founded in 1991 and is a registered investment advisor with the Securities and Exchange Commission (SEC). FTA provides investment advisory services using equity, fixed-income and balanced strategies for individuals, organizations and institutions. The firm consists of all portfolios managed by FTA. Since 2011, the Total Firm Assets are presented net and have been reduced for the effects of leverage. Prior to 2011, the Total Firm Assets are presented gross and have not been reduced for the effects of leverage.
2. The FTA/Morningstar Multi-Discipline 40/60 Composite is for the income investor who seeks a combination of capital appreciation and income by investing across multiple equity asset classes and fixed-income asset classes. Prior to 4/1/16, the composite was called the FTA/Ibbotson Multi-Discipline 40/60 Composite. The composite creation date was May 2009. A complete list of composites and descriptions is available upon request.
3. The composite includes 100% wrap portfolios since inception for which FTA has full discretionary investment authority and are fee-paying portfolios. The composite does not utilize a material level of leverage.
4. Composite net-of-fees returns are presented net of actual, but in instances where actual fees are not identifiable, a maximum model fee of 3% is applied. Net-of-fees returns include investment management fees, custodian fees, trading costs and all other administrative fees. Pure gross-of-fees returns do not reflect the deduction of any expenses, including investment management fees, custodian fees, trading costs and other administrative fees. Prior to 12/31/11, quarterly and annual composite returns were calculated by linking monthly returns. Each portfolio in the composite was valued at least on a monthly basis. If cash flows exceed 10% of the composite's value, the composite was revalued on the day prior to the cash flow and the return was calculated for the interim period. Starting 1/1/12, composite returns are calculated on a daily basis.
5. Valuations and returns are computed and stated in U.S. Dollars. Returns are calculated net of foreign taxes recorded on a cash basis and dividend accruals do not include pending withholding tax reclaims. Additional information regarding policies for valuing portfolios, calculating performance and preparing compliant presentations is available upon request.
6. The three-year annualized standard deviation measures the variability of the composite and the benchmark returns over the preceding 36-month period. The three-year annualized standard deviation is not presented because 36 monthly composite and benchmark returns were not available prior to 2012.
7. Composite dispersion is measured by standard deviation, which is an asset-weighted calculation that measures the consistency of composite performance with respect to the individual portfolio returns within the composite. Dispersion of portfolios in the composite is not applicable if the period presented is less than a full year or if there were fewer than five portfolios in the composite for the entire year.
8. The benchmark return is a blend of the following indexes; Russell 3000 Index (30%) - composed of 3000 large U.S. companies, as determined by market capitalization, Bloomberg Barclays US Aggregate Bond Index (60%) - comprised of government securities, mortgage-backed securities, asset-backed securities and corporate bonds to simulate the universe of bonds in the market, and MSCI All Country World ex U.S. Net Return Index (10%) - a free float-adjusted market capitalization index that is designed to measure equity market performance in the global developed and emerging markets, excluding the United States.
9. The securities comprising the benchmark are not identical to those in any portfolio in the composite, but FTA believes they may be useful in evaluating performance. Unlike the composite, the benchmark is not actively managed and does not reflect the deduction of advisory fees. Differences in composite performance versus benchmark performance may also result due to high concentrations of individual securities holdings in certain portfolios, timing of security transactions and tax considerations. Such factors may contribute to higher standard deviation of portfolio returns within the composite. The benchmark is rebalanced daily. Benchmark returns have not been examined by the verifier.
10. The FTA management fee schedule is an annual fee of 0.55%. FTA, at its discretion, may negotiate a management fee which is different from the standard fee schedule listed here. The overall wrap fee expense for accounts in the composite will typically range from 1.00% to 3.00%.
11. Past performance is not indicative of future results. Other methods may produce different results, and the results for individual portfolios and for different periods may vary depending on market conditions and the composition of the portfolio. Care should be used when comparing these results to those published by other investment advisers, other investment vehicles and unmanaged indices due to possible differences in calculation methods.

Requests for further information may be made by calling (800) 222-6822 or emailing SMAOperations@FTAdvisors.com.