First Trust Consumer Discretionary AlphaDEX® Fund

As of 6/28/19

» Fund Objective
This exchange-traded fund seeks investment results that correspond generally to the price and yield (before the fund’s fees and expenses) of an equity index called the StrataQuant® Consumer Discretionary Index.

» Fund Facts
Fund Ticker: FXD
CUSIP: 33734X101
Intraday NAV: FXDIV
Fund Inception Date: 5/8/07
Gross Expense Ratio*: 0.64%
Net Expense Ratio: 0.64%
Rebalance Frequency: Quarterly
Primary Listing: NYSE Arca

» Index Facts
Index Ticker: STRQCDTR
Index Inception Date: 4/11/07

» Index Description
The StrataQuant® Consumer Discretionary Index is an “enhanced” index developed, maintained and sponsored by ICE Data Indices, LLC or its affiliates ("IDI") which employs the AlphaDEX® stock selection methodology to select stocks from the Russell 1000® Index.

IDI constructs the StrataQuant® Consumer Discretionary Index by ranking the stocks which are members of the Russell 1000® Index on growth factors including three, six and 12-month price appreciation, sales to price and one year sales growth, and, separately, on value factors including book value to price, cash flow to price and return on assets.

Stocks which Russell has classified solely as growth or value, receive their score using the above growth or value factors respectively.

IDI then ranks those stocks contained in the consumer discretionary sector according to their score. The bottom 25% is eliminated and the top 75% is selected for the StrataQuant® Consumer Discretionary Index.

The selected stocks are divided into quintiles based on their rankings and the top ranked quintiles receive a higher weight within the index. The stocks are equally-weighted within each quintile.

The index is reconstituted and rebalanced quarterly.

» Performance Summary (%)

<table>
<thead>
<tr>
<th>Fund Performance*</th>
<th>Quarter</th>
<th>YTD</th>
<th>1 Year</th>
<th>3 Years</th>
<th>5 Years</th>
<th>10 Years</th>
<th>Since Inception</th>
</tr>
</thead>
<tbody>
<tr>
<td>Net Asset Value (NAV)</td>
<td>1.96</td>
<td>16.45</td>
<td>1.92</td>
<td>9.31</td>
<td>6.18</td>
<td>15.24</td>
<td>7.30</td>
</tr>
<tr>
<td>After Tax Held</td>
<td>1.91</td>
<td>16.33</td>
<td>1.59</td>
<td>8.89</td>
<td>5.77</td>
<td>14.88</td>
<td>6.98</td>
</tr>
<tr>
<td>After Tax Sold</td>
<td>1.16</td>
<td>9.74</td>
<td>1.12</td>
<td>7.03</td>
<td>4.63</td>
<td>12.75</td>
<td>5.81</td>
</tr>
<tr>
<td>Market Price</td>
<td>1.94</td>
<td>16.49</td>
<td>1.85</td>
<td>9.31</td>
<td>6.16</td>
<td>15.24</td>
<td>7.30</td>
</tr>
</tbody>
</table>

Index Performance**

| StrataQuant® Consumer Discretionary Index | 2.14 | 16.87 | 2.56 | 10.02 | 6.86 | 16.05 | 8.06 |
| Russell 1000® Consumer Discretionary and Services Index | 6.74 | 22.18 | 11.73 | 16.82 | 13.21 | 19.09 | — |
| Russell 1000® Index | 4.25 | 18.84 | 10.02 | 14.15 | 10.45 | 14.77 | 7.99 |
| S&P 500 Consumer Discretionary Index | 5.28 | 21.84 | 10.17 | 16.74 | 13.97 | 19.72 | 11.33 |

» Calendar Year Total Returns (%)

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</tr>
</thead>
<tbody>
<tr>
<td>FWD</td>
<td>57.06</td>
<td>31.98</td>
<td>0.98</td>
<td>15.82</td>
<td>42.99</td>
<td>11.63</td>
<td>-3.81</td>
<td>5.13</td>
<td>19.74</td>
<td>-11.42</td>
<td>16.45</td>
</tr>
<tr>
<td>Russell 1000® Consumer Discretionary and Services Index</td>
<td>38.96</td>
<td>27.14</td>
<td>5.39</td>
<td>25.32</td>
<td>41.63</td>
<td>9.52</td>
<td>6.40</td>
<td>6.30</td>
<td>24.11</td>
<td>-0.15</td>
<td>22.18</td>
</tr>
<tr>
<td>Russell 1000® Index</td>
<td>28.43</td>
<td>16.10</td>
<td>1.50</td>
<td>16.42</td>
<td>33.11</td>
<td>3.24</td>
<td>0.92</td>
<td>12.05</td>
<td>21.69</td>
<td>-4.78</td>
<td>18.84</td>
</tr>
<tr>
<td>S&amp;P 500 Consumer Discretionary Index</td>
<td>41.30</td>
<td>27.66</td>
<td>6.13</td>
<td>23.92</td>
<td>43.08</td>
<td>9.68</td>
<td>10.11</td>
<td>6.03</td>
<td>22.98</td>
<td>0.83</td>
<td>21.84</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>3-Year Statistics</th>
<th>Standard Deviation (%)</th>
<th>Alpha</th>
<th>Beta</th>
<th>Sharpe Ratio</th>
<th>Correlation</th>
</tr>
</thead>
<tbody>
<tr>
<td>FWD</td>
<td>14.90</td>
<td>-4.75</td>
<td>0.87</td>
<td>0.58</td>
<td>0.90</td>
</tr>
<tr>
<td>S&amp;P 500 Consumer Discretionary Index</td>
<td>15.44</td>
<td>—</td>
<td>1.00</td>
<td>0.99</td>
<td>1.00</td>
</tr>
</tbody>
</table>

Performance data quoted represents past performance. Past performance is not a guarantee of future results and current performance may be higher or lower than performance quoted. Investment returns and principal value will fluctuate and shares when sold or redeemed, may be worth more or less than their original cost. You can obtain performance information which is current through the most recent month-end by visiting www.ftportfolios.com.

*Expenses are capped contractually at 0.70% per year, at least until November 30, 2019.

*NAV returns are based on the fund’s net asset value which represents the fund’s net assets (assets less liabilities) divided by the fund’s outstanding shares. After Tax Hold returns represent return after taxes on distributions. Assumes shares have not been sold. After Tax Sold returns represent the return after taxes on distributions and the sale of fund shares. Returns do not represent the returns you would receive if you traded shares at other times. Market Price returns are based on the midpoint of the bid/ask spread on the stock exchange on which shares of the fund are listed for trading as of the time that the fund’s NAV is calculated. Returns are average annualized total returns, except those for periods of less than one year, which are cumulative. The fund’s performance reflects fee waivers and expense reimbursements, absent which performance would have been lower. After-tax returns are calculated using the historical highest individual federal marginal income tax rates and do not reflect the impact of state and local taxes. Actual after-tax returns depend on the investor’s tax situation and may differ from those shown. The after-tax returns shown are not relevant to investors who hold their fund shares through tax-deferred arrangements such as 401(k) plans or individual retirement accounts.

**Performance information for the StrataQuant® Consumer Discretionary Index is for illustrative purposes only and does not represent actual fund performance. Indexes do not charge management fees or brokerage expenses, and no such fees or expenses were deducted from the performance shown. Indexes are unmanaged and an investor cannot invest directly in an index.
The fund's net asset value and possibly face delisting. If a participant is able to step forward to create or redeem, fund shares may trade at a discount to their net asset value. However, unlike mutual funds, shares may only be redeemed directly from the fund by authorized participants, in very large creation/redemption units. If the fund's authorized participants are unable to proceed with creation/redemption orders and no other authorized participants are able to step forward to create or redeem, fund shares trade at a discount to the shares. Investors who sell fund shares may receive less than the share's net asset value.

Market risk is the risk that a security's price may decline due to losses in the issuer's overall operations such as the failure of a specific product line. Consumer discretionary companies are tied closely to the performance of the overall U.S. and international economies, interest rates, competition, consumer confidence, disposable household income and consumer spending. Changes in demographics and consumer tastes can also affect the demand for consumer discretionary products.

ETF Characteristics

The fund lists and principally trades its shares on the NYSE Arca, Inc. The fund's return may not match the return of the StrataQuant® Consumer Discretionary Index. Securities held by the fund will generally not be bought or sold in response to market fluctuations. Investors buying or selling fund shares on the secondary market may incur customary brokerage commissions. Market prices may differ to some degree from the net asset value of the shares. Investors who sell fund shares may receive less than the share's net asset value. Shares may be sold throughout the day on the exchange through any brokerage account. However, unlike mutual funds, shares may only be redeemed directly from the fund by authorized participants, in very large creation/redemption units. If the fund's authorized participants are unable to proceed with creation/redemption orders and no other authorized participant is able to step forward to create or redeem, fund shares may trade at a discount to the fund's net asset value and possibly face delisting.

Risk Considerations

The fund's shares will change in value, and you could lose money by investing in the fund. One of the principal risks of investing in the fund is market risk. Market risk is the risk that a particular stock owned by the fund, fund shares or stocks in general may fall in value. There can be no assurance that the fund's investment objective will be achieved. The fund may invest in small capitalization and mid capitalization companies. Such companies may experience greater price volatility than larger, more established companies. The success of consumer discretionary companies is tied closely to the performance of the overall U.S. and international economies, interest rates, competition, consumer confidence, disposable household income and consumer spending. Changes in demographics and consumer tastes can also affect the demand for consumer discretionary products.

You should consider the fund's investment objectives, risks, and charges and expenses carefully before investing. Contact First Trust Portfolios L.P. at 1-800-621-1675 or visit www.ftportfolios.com to obtain a prospectus or summary prospectus which contains this and other information about the fund. The prospectus or summary prospectus should be read carefully before investing.

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