

Notice Regarding Your Quarterly Distribution

First Trust STOXX® European Select Dividend Index Fund (FDD)
 First Trust FTSE EPRA/NAREIT Developed Markets Real Estate Index Fund (FFR)
 First Trust Dow Jones Global Select Dividend Index Fund (FGD)
 First Trust Global Engineering and Construction ETF (FLM)

First Trust NASDAQ® Clean Edge® Smart Grid Infrastructure Index Fund (GRID)
 First Trust BICK Index Fund (BICK)
 First Trust Indxx Global Natural Resources Income ETF (FTRI)
 First Trust Indxx Global Agriculture ETF (FTAG)

First Trust Nasdaq Smartphone Index Fund (FONE)
 First Trust NASDAQ Global Auto Index Fund (CARZ)
 First Trust Cloud Computing ETF (SKYY)
 First Trust International IPO ETF (FPXI)
 First Trust Nasdaq Cybersecurity ETF (CIBR)

Each exchange-traded fund listed above within the First Trust Exchange-Traded Fund II has declared a distribution payable on December 29, 2017, to shareholders of record as of December 22, 2017, with an ex-dividend date of December 21, 2017. This Notice is meant to provide you information about the sources of your Fund's distributions. You should not draw any conclusions about the Fund's investment performance from the amount of this distribution.

The following tables set forth the estimated amounts of the current distribution and the cumulative distributions paid this fiscal year to date for each Fund from the following sources: net investment income ("NI"); net realized short-term capital gains ("STCG"); net realized long-term capital gains ("LTCG"); and return of capital ("ROC"). These estimates are based upon information projected through December 31, 2017 and are calculated based on a generally accepted accounting principles ("GAAP") basis. The amounts and sources of distributions are expressed per share.

Fund Ticker	Fund Cusip	Fiscal Year End	Total Current Distribution	Current Distribution (\$)				Current Distribution (%)				Annualized Current Dist. Rate as a % of NAV (3)	5 Year Avg. Annual Total Return on NAV (4)
				NI	STCG	LTCG	ROC (2)	NI	STCG	LTCG	ROC (2)		
FDD	33735T109	9/30/2018	\$0.0449	\$0.0449	-	-	-	100.00%	-	-	-	1.31%	7.42%
FFR	33736N101	9/30/2018	\$0.9007	\$0.9007	-	-	-	100.00%	-	-	-	7.84%	6.86%
FGD	33734X200	9/30/2018	\$0.2692	\$0.2692	-	-	-	100.00%	-	-	-	4.15%	6.61%
FLM	33736M103	9/30/2018	\$0.3836	\$0.3836	-	-	-	100.00%	-	-	-	2.59%	10.27%
GRID	33737A108	9/30/2018	\$0.0882	\$0.0882	-	-	-	100.00%	-	-	-	0.71%	13.41%
BICK	33733H107	9/30/2018	\$0.0664	\$0.0664	-	-	-	100.00%	-	-	-	0.91%	5.70%
FTRI	33734X838	9/30/2018	\$0.1279	\$0.1279	-	-	-	100.00%	-	-	-	4.20%	-13.75%
FTAG	33734X812	9/30/2018	\$0.0467	\$0.0467	-	-	-	100.00%	-	-	-	0.67%	-15.01%
FONE	33737K106	9/30/2018	\$0.5232	\$0.5232	-	-	-	100.00%	-	-	-	4.00%	17.82%
CARZ	33734X309	9/30/2018	\$0.2674	\$0.2674	-	-	-	100.00%	-	-	-	2.53%	11.41%
SKYY	33734X192	9/30/2018	\$0.0142	\$0.0142	-	-	-	100.00%	-	-	-	0.12%	19.22%
FPXI	33734X853	9/30/2018	\$0.1322	\$0.1322	-	-	-	100.00%	-	-	-	1.52%	6.24%
CIBR	33734X846	9/30/2018	\$0.0053	\$0.0053	-	-	-	100.00%	-	-	-	0.09%	5.85%

Fund Ticker	Fund Cusip	Fiscal Year End	Total Cumulative Fiscal YTD Distributions (1)	Cumulative Distributions Fiscal YTD (\$)				Cumulative Distributions Fiscal YTD (%)				Cumulative Fiscal YTD Distributions as a % of NAV (3)	Cumulative Fiscal YTD Total Return on NAV (4)
				NI	STCG	LTCG	ROC (2)	NI	STCG	LTCG	ROC (2)		
FDD	33735T109	9/30/2018	\$0.0449	\$0.0449	-	-	-	100.00%	-	-	-	0.33%	0.73%
FFR	33736N101	9/30/2018	\$0.9007	\$0.9007	-	-	-	100.00%	-	-	-	1.96%	2.22%
FGD	33734X200	9/30/2018	\$0.2692	\$0.2692	-	-	-	100.00%	-	-	-	1.04%	0.89%
FLM	33736M103	9/30/2018	\$0.3836	\$0.3836	-	-	-	100.00%	-	-	-	0.65%	4.06%
GRID	33737A108	9/30/2018	\$0.0882	\$0.0882	-	-	-	100.00%	-	-	-	0.18%	2.08%
BICK	33733H107	9/30/2018	\$0.0664	\$0.0664	-	-	-	100.00%	-	-	-	0.23%	1.77%
FTRI	33734X838	9/30/2018	\$0.1279	\$0.1279	-	-	-	100.00%	-	-	-	1.05%	2.44%
FTAG	33734X812	9/30/2018	\$0.0467	\$0.0467	-	-	-	100.00%	-	-	-	0.17%	3.23%
FONE	33737K106	9/30/2018	\$0.5232	\$0.5232	-	-	-	100.00%	-	-	-	1.00%	3.48%
CARZ	33734X309	9/30/2018	\$0.2674	\$0.2674	-	-	-	100.00%	-	-	-	0.63%	5.24%
SKYY	33734X192	9/30/2018	\$0.0142	\$0.0142	-	-	-	100.00%	-	-	-	0.03%	8.55%
FPXI	33734X853	9/30/2018	\$0.1322	\$0.1322	-	-	-	100.00%	-	-	-	0.38%	0.78%
CIBR	33734X846	9/30/2018	\$0.0053	\$0.0053	-	-	-	100.00%	-	-	-	0.02%	3.34%

(1) Includes the most recent quarterly distribution paid on December 29, 2017.

(2) The Fund estimates that it has distributed more than its income and net realized capital gains; therefore, a portion of your distribution may be a return of capital. A return of capital may occur, for example, when some or all of the money that you invested in the Fund is paid back to you. A return of capital distribution does not necessarily reflect the Fund's investment performance and should not be confused with "yield" or "income."

(3) Based on Net Asset Value ("NAV") as of November 30, 2017.

(4) Total Returns are through November 30, 2017 and for Funds in operation less than five years, the return included in the 5 Year Average Annual Total Return on NAV column is from the Fund's inception date.

The amounts and sources of distributions reported in this Notice are only estimates and are not being provided for tax reporting purposes. The actual amounts and sources of the amounts for tax reporting purposes will depend upon the Fund's investment experience during the remainder of its fiscal year and may be subject to changes based on tax regulations. The Fund will send you a Form 1099-DIV for the calendar year that will tell you how to report these distributions for federal income tax purposes. You should not use this Notice as a substitute for your Form 1099-DIV.