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In the third quarter of 2025, alternative investments ("alternatives") on average had solid positive returns but underperformed global equity markets which continued to show strong positive momentum. Investor focus has shifted from tariffs to the Elysium of "Al" (Artificial Intelligence). Economic data offered a mixed picture: solid growth (GDP), a soft job market, sticky to rising inflation. The Federal Reserve (the "Fed") lowered the Fed Funds rate 25 basis points ("bps") despite inflationary data moving slightly higher. The executive branch continues to call for lower interest rates, a weaker dollar, and lower taxes while dismissing any potential resurgence in inflation. Equity valuation pushed to levels that, by some metrics, were as high as they had ever been (see Figure 1). While overall investor sentiment remains strongly "risk-on," and any dip in risk assets a reason to buy, there are parallels to two periods in the past that we believe should concern investors.

The first period is the mid-1970s. During this time, after the Fed sharply raised interest rates, a strong bout of inflation had been contained (or so it was thought). However, as the economy faltered, the Federal Reserve lowered rates to stimulate growth. The economy stabilized but the lower rates allowed inflationary pressures to reassert themselves and inflation burst higher across several quarters, exceeding previous highs. This necessitated yet another round of rapid increases in rates and threw the economy into a sustained period of much lower, even negative growth. Currently, with inflation exceeding the Fed's 2% target, a growing money supply, and pressure to lower interest rates, the risk of another significant inflation surge should be carefully monitored, in our opinion.

The second period of interest is the late 1990's. At that time all things technology, internet specifically, appeared to be the golden ticket to riches (not unlike Al today). Simply articulating a shift in strategy to the internet could cause a stock to jump significantly. Economics were often ignored and profits not required. Capital poured into the sector, often indiscriminately, causing valuations to soar well past previous highs. Along with euphoric investor sentiment at the time, the Fed was deeply concerned about the impacts of the approaching calendar year 2000 (Y2K) on old software code. Decades worth of code had not been written to deal with any year beyond 1999 and the consequences of that were unknown. Corporations were required to not only develop a plan but spend real capital on addressing the issue. By some estimates between 1995-2000, \$100 billion was spent on Y2K remediation. While there are distinct differences, we believe there are also similarities to today's markets which benefited from massive COVID spending, an Al frenzy, and stratospheric valuations.

Figure 1

U.S. Equity Valuation Ratio Percentile	S&P 500° Index 9/30/2025	S&P 500 [®] Index 12/31/2024	Russell 2000® Index 9/30/2025	Russell 2000° Index 12/31/2024	Nasdaq-100 [®] Index 9/30/2025	Nasdaq-100° Index 12/31/2024
Price to Sales	99.90%	95.40%	95.00%	88.50%	99.90%	95.60%
Price to Earnings	94.30%	89.70%	91.30%	90.80%	83.40%	79.90%
Price to EBITDA	98.50%	94.80%	89.20%	88.60%	96.80%	92.20%
Price to Book Value	99.90%	98.10%	54.60%	40.80%	96.10%	90.60%
Price to Cash Flow	99.10%	97.70%	91.90%	52.40%	97.20%	93.90%
Price to Free Cash flow	87.80%	82.40%	72.70%	60.50%	99.90%	96.40%

Past performance is not indicative of future results. Source for all charts: Bloomberg. As of 9/30/2025.

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Alternatives delivered positive performance in nine out of ten categories during the third quarter, although only one category, Global Macro, could keep up with the torrid pace of equities. Global Macro led all categories with a gain of 8.68%, followed by Managed Futures, which returned 7.49%. Multi-Strategy was the only category posting a negative return, -0.63%. All but one of the alternatives' categories underperformed the S&P 500° Index, which returned 8.12% for the quarter. On average, alternatives underperformed the S&P 500° Index by 443 basis points. However, eight out of ten alternatives' categories outperformed the Bloomberg U.S. Aggregate Bond Index ("BB Agg"), with an average outperformance of 167 basis points (see Figures 2 and 3).

Figure 2

Figure 4

Q3 2025	YTD
8.68%	14.15%
7.49%	-1.14%
4.74%	12.09%
3.65%	9.38%
3.40%	5.72%
3.12%	6.24%
3.03%	6.75%
2.10%	8.23%
1.39%	10.34%
-0.63%	8.38%
	8.68% 7.49% 4.74% 3.65% 3.40% 3.12% 3.03% 2.10% 1.39%

Figure

Alternatives Performance	VS	VS DD A
(Over/Under) Q3 2025	S&P 500° Index	BB Agg
Global Macro	0.55%	6.65%
Managed Futures	-0.64%	5.46%
Equity Long/Short	-3.39%	2.71%
Commodities	-4.48%	1.62%
Convertible Arbitrage	-4.73%	1.36%
Real Estate	-5.01%	1.08%
Event Driven	-5.09%	1.00%
Fixed Income Arbitrage	-6.02%	0.07%
Equity Market Neutral	-6.73%	-0.64%
Multi-Strategy	-8.75%	-2.66%
Average	-4.43%	1.67%

Traditionally, managed futures and macro strategies have shown lower correlations to equities because they are diversified across a variety of markets and often use short positions as part of their strategy. Strategies with lower two-year correlations to U.S. equities (less than 0.60), on average, outperformed those with higher correlations. The performance spread was 367 basis points (Figure 4). All real asset categories posted positive returns. Gold continued its strong performance (+16.83%) likely helped by concerns over monetary debasement and its role as a perceived quality haven asset (Figure 5). Gold outperformed traditional asset categories and year-to-date is up an astounding +47.04%. Commodities and real estate likely benefited from expectations over rate cuts as well as expectations that the combination of easier money and resurgent inflation would support real assets.

3.65%

-0.63%

3.67%

3.75%

Correlations (2yr) & Returns	S&P 500 [®] Index	Q3 Return
Equity Long/Short	0.89	4.74%
Real Estate	0.75	3.12%
Convertible Arbitrage	0.69	3.40%
Event Driven	0.32	3.03%
Fixed Income Arbitrage	0.30	2.10%
Global Macro	0.15	8.68%
Managed Futures	0.04	7.49%
Equity Market Neutral	0.04	1.39%

Correlation to

-0.10 -0.14 Figure 5

Real Assets Returns	Q3 2025	YTD 2025	
Gold	16.83%	47.04%	
Commodities	3.65%	9.38%	
Real Estate	3.12%	6.24%	
Average	7.86%	20.88%	

Higher Correlation Avg TR (>0.60)

Correlation of monthly returns over 24 months.

Lower Correlation Avg TR (≤0.60)

Past performance is not indicative of future results. Source for all charts: Bloomberg. As of 9/30/2025.

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Commodities

Multi-Strategy

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Cryptocurrencies rode the "risk on" rally along with other assets in the third quarter. Bloomberg Galaxy Crypto Index rose +31.89%. Bitcoin was up +6.54%, while Ethereum was the standout performer, up +67.57% likely helped by the adoption of spot Ethereum ETFs. Ripple and Litecoin were also solid gainers +25.16% and 24.24%, respectively (Figure 6). While theft from hackers was down in the third quarter, it was still a fairly sizeable amount, over \$500 million.

Figure 6

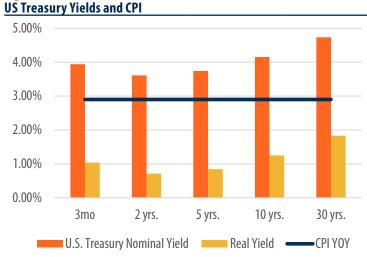
Cryptocurrency Returns	Q3 2025	YTD 2025	
Ethereum	67.57%	25.37%	
BB Galaxy Crypto Index	31.89%	16.41%	
XRP (Ripple Digital Assets)	25.16%	37.12%	
Litecoin	24.24%	3.65%	
Bitcoin	6.54%	22.33%	

Returns for major asset classes were positive across the board in the third quarter of 2025, with both domestic and international equities posting sizeable returns. The U.S. dollar stabilized and posted a small gain (+0.93%). Commodities staged a solid recovery from the prior quarter (+3.65%). Long-duration U.S. Treasuries (20+ years) rose (+2.47%), as a dovish Fed, a vocal administration calling for lower rates, and Treasury Secretary Scott Bessent adopting a bias towards short treasury financing, all provided for a more positive backdrop. Deficit spending concerns seemed to have dissipated, at least temporarily (Figure 7). Real interest rates remained in positive territory but fell across the curve, driven by a combination of higher Consumer Price Index ("CPI") and lower Treasury rates (Figure 8). Lower real rates generally point toward easing financial conditions, while higher real rates are indicative of tightening financial conditions.

Figure 7

Asset Class Returns	Q3 2025	2025
Emerging Markets	10.64%	27.53%
U.S. Equities	8.12%	14.83%
Bitcoin	6.54%	22.33%
International Developed	4.77%	25.14%
Commodities	3.65%	9.38%
Real Estate	3.12%	6.24%
High Yield Bonds	2.49%	7.25%
U.S. Treasury	2.47%	5.26%
U.S Aggregate Bonds	2.03%	6.13%
U.S. Dollar	0.93%	-9.87%

Figure 8



Source for all charts: Bloomberg. As of 9/30/2025.

Alternatives have historically provided significant diversification benefits when paired with a portfolio of traditional assets, in addition to both competitive absolute returns and attractive risk-adjusted returns. Please Note: Alternative investments may employ complex strategies, have unique investment and risk characteristics, and may not be appropriate for all investors.

References to specific companies or securities should not be construed as a recommendation to buy or sell any such security, nor should they be assumed profitable.

All charts shown herein are for illustrative purposes only and not indicative of any investment. The performance illustrations exclude the effects of taxes and brokerage commissions or other expenses incurred when investing. **Past performance is not indicative of future results** and there can be no assurance past trends will continue in the future. An investor cannot invest directly in an index. See last page for definitions of asset class indexes and other terms discussed herein.

EFirst Trust

ALTERNATIVES UPDATE

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Definitions

Bitcoin: A digital currency using encryption techniques created for use in peer-to-peer online transactions Introduced in 2008 by a person or group using the name Satoshi Nakamoto.

Bloomberg Galaxy Crypto Index (BB Galaxy Crypto): The BGCI is designed to measure the performance of the largest cryptocurrencies traded in USD.

Commodities: The Bloomberg Commodity Index is made up of exchange-traded futures on physical commodities and represents 20 commodities, which are weighted to account for economic significance and market liquidity.

Consumer Price Index (CPI): A measure that examines the weighted average of prices of a basket of consumer goods and services, such as transportation, food, and medical care. It is calculated by taking price changes for each item in the predetermined basket of goods and averaging them. Changes in the CPI are used to assess price changes associated with the cost of living.

Convertible Arbitrage: The Credit Suisse AllHedge Convertible Arbitrage Index is a subset of the Credit Suisse AllHedge Index that measures the aggregate performance of convertible arbitrage funds. Convertible Arbitrage is a strategy that involves taking simultaneous long and short positions in a convertible bond and its underlying stock.

Correlation: A statistical measure that quantifies the extent to which two or more data series fluctuate together. Values run from -1.0 to +1.0.

Cryptocurrency: A digital or virtual currency that is secured by cryptography, which makes it nearly impossible to counterfeit or double-spend.

Emerging Markets: The MSCI Emerging Markets Index captures large and mid cap representation across Emerging Markets (EM) countries. The index covers 85% of the free float-adjusted market capitalization in each country.

Equity Long/Short: The Credit Suisse AllHedge Long/Short Equity Index is a subset of the Credit Suisse AllHedge Index that measures the aggregate performance of long/short equity funds. Long/short equity funds typically invest in both long and short sides of equity markets, generally focusing on diversifying or hedging across particular sectors, regions or market capitalizations. Managers typically have the flexibility to shift from value to growth; small to medium to large capitalization stocks; and net long to net short. Managers can also trade equity futures and options as well as equity related securities and debt or build portfolios that are more concentrated than traditional long-only equity funds.

Equity Market Neutral: The Credit Suisse AllHedge Equity Market Neutral Index is a subset of the Credit Suisse AllHedge Index that measures the aggregate performance of equity market neutral funds. Equity market neutral funds typically take both long and short positions in stocks while seeking to reduce exposure to the systematic risk of the market (i.e., a beta of zero is desired). Equity Market Neutral funds typically seek to exploit investment opportunities unique to a specific group of stocks, while maintaining a neutral exposure to broad groups of stocks defined for example by sector, industry, market capitalization, country, or region. The index has a number of subsectors including statistical arbitrage, quantitative long/short, fundamental long/short and index arbitrage. Managers often apply leverage to enhance returns.

Ethereum: Ethereum is a platform that offers programming code of any decentralized application. It has been linked to payment style transactions. Ether is the cryptocurrency issued through open-source code executed on thousands of nodes.

Event Driven: The Credit Suisse AllHedge Event Driven Index is a subset of the Credit Suisse AllHedge Index that measures the aggregate performance of event driven funds. Event driven funds typically invest in various asset classes and seek to profit from potential mispricing of securities related to a specific corporate or market event. Such events can include: mergers, bankruptcies, financial or operational stress, restructurings, asset sales, recapitalizations, spin-offs, litigation, regulatory and legislative changes as well as other types of corporate events. Event driven funds can invest in equities, fixed income instruments (investment grade, high yield, bank debt, convertible debt and distressed), options and various other derivatives. Many managers may use a combination of strategies and adjust exposures based on the opportunity sets in each subsector.

Fixed Income Arbitrage: The Credit Suisse AllHedge Fixed Income Arbitrage Index is a subset of the Credit Suisse AllHedge Index that measures the aggregate performance of fixed income arbitrage funds. Fixed income arbitrage funds typically attempt to generate profits by exploiting inefficiencies and price anomalies between related fixed income securities. Fixed income arbitrage funds seek to limit volatility by hedging out exposure to the market and interest rate risk. Strategies may include leveraging long and short positions in similar fixed income securities that are related either mathematically or economically. The sector includes credit yield curve relative value trading involving interest rate swaps, government securities and futures; volatility trading involving options; and mortgage-backed securities arbitrage (the mortgage-backed market is primarily U.S.-based and over-the-counter).

Global Macro: The Credit Suisse AllHedge Global Macro Index is a subset of the Credit Suisse AllHedge Index that measures the aggregate performance of global macro funds. Global macro funds typically focus on identifying extreme price valuations and leverage is often applied on the anticipated price movements in equity, currency, interest rate and commodity markets. Managers typically employ a top-down global approach to concentrate on forecasting how political trends and global macroeconomic events affect the valuation of financial instruments. Profits can be made by correctly anticipating price movements in global markets and having the flexibility to use a broad investment mandate, with the ability to hold positions in practically any market with any instrument. These approaches may be systematic trend following models, or discretionary.

Gold: The return of the gold spot price as quoted as U.S. dollars per Troy Ounce.

Inflation: Is the decline of purchasing power of a given currency over time.

High-Yield Bonds: The Bloomberg US High Yield Very Liquid Index (VLI) is a component of the US Corporate High Yield Index that is designed to track a more liquid component of the USD-denominated, high yield, fixed-rate corporate bond market. The US High Yield VLI uses the same eligibility criteria as the US Corporate High Yield Index, but includes only the three largest bonds from each issuer that have a min amount outstanding of USD500mn and less than five years from issue date.

International Developed: The MSCI EAFE Index is designed to represent the performance of large and mid-cap securities across 21 developed markets, including countries in Europe, Australasia and the Far East, excluding the U.S. and Canada. The index is a free-float weighted equity index.

Litecoin: A peer-to-peer cryptocurrency and open source software project similar to Bitcoin, Litecoin uses blockchain technology to process transactions. Litecoin, referred to as an altcoin can process blocks faster than Bitcoin, uses a different mining algorithm and has larger supply.

Managed Futures: BarclayHedge US Managed Futures Industry Top 50 (BTop 50) Index. The Index seeks to replicate the overall composition of the managed futures industry with regard to trading style and overall market exposure.

Multi-Strategy: The Credit Suisse AllHedge Multi-Strategy Index is a subset of the Credit Suisse AllHedge Index that measures the aggregate performance of multi-strategy funds. Multi-strategy funds typically are characterized by their ability to allocate capital based on perceived opportunities among several hedge fund strategies. Through the diversification of capital, managers seek to deliver consistently positive returns regardless of the directional movement in equity, interest rate or currency markets. The added diversification benefits may reduce the risk profile and help to smooth returns, reduce volatility and decrease asset-class and single-strategy risks. Strategies adopted in a multi-strategy fund may include, but are not limited to, convertible bond arbitrage, equity long/short, statistical arbitrage and merger arbitrage.

Nasdaq-100 Index® includes 100 of the largest domestic and international non-financial companies listed on The Nasdaq Stock Market based on market capitalization.

Nominal Yield: Is the annualized rate of return on a bond without accounting for inflation or expenses.

Real Assets are physical and/or tangible investments such as real estate, commodities (including gold, oil, and natural resources) and infrastructure whose intrinsic value is derived from their use.

Real Estate: The Dow Jones US Real Estate Index is designed to track the performance of real estate investment trusts (REITs) & other companies that invest directly or indirectly in real estate through development, management or ownership, including property agencies.

Real Yield: or Real Interest Rate has been adjusted to remove the effects of inflation to reflect the real cost of funds to the borrower and the real yield to the lender or to an investor.

Ripple Digital Assets: Known as XRP, Ripple is a cryptocurrency that can be used on open source distributed ledger created by the company Ripple. It is built upon the principles of blockchain as an on-demand option for faster cross border payments.

Russell 2000® Index is comprised of the smallest 2000 companies in the Russell 3000® Index.

Trend Following is an investment strategy that identifies and invests in assets that are showing a consistent directional market trend (either upward or downward) over a set period of time via a systematic approach.

- **U.S. Aggregate Bonds:** The Bloomberg US Aggregate Bond Index is a broad-based benchmark that measures the investment grade. US dollar-denominated, fixed-rate taxable bond market.
- **U.S. Equities:** The S&P 500° Index. An unmanaged index of 500 companies used to measure large-cap U.S. stock market performance.
- **U.S. Dollar:** The U.S. Dollar Index (USDX) indicates the general international value of the U.S. dollar. The USDX does this by averaging the exchange rates between the USD and major world currencies. The ICE US computes this by using the rates supplied by some 500 banks.
- **U.S. Treasury:** ICE US Treasury 20+ Years Bond Index consists of publicly-issued U.S. Treasury securities that have a remaining maturity greater than 20 years and have \$300 million USD or more of outstanding face value, excluding amounts held by the Federal Reserve System.
- **U.S. Treasury Yield:** Yield of U.S. Treasury securities maturing in approximately 3 months, 2 years, 5 years, 10 years, or 30 years.

Year-over-Year (YoY): is a calculation that helps compare growth over the previous 12 months and automatically negates the effect of seasonality.

The information presented is not intended to constitute an investment recommendation for, or advice to, any specific person. By providing this information, First Trust is not undertaking to give advice in any fiduciary capacity within the meaning of ERISA, the Internal Revenue Code or any other regulatory framework. Financial professionals are responsible for evaluating investment risks independently and for exercising independent judgment in determining whether investments are appropriate for their clients.