

First Trust Advisors L.P. Announces Distributions for Exchange-Traded Funds

WHEATON, IL – (BUSINESS WIRE) – December 21, 2009 – First Trust Advisors L.P. (“FTA”) announces the declaration of the regular quarterly and semi-annual distributions for 33 of 40 exchange-traded funds advised by FTA.

The following dates apply to today’s distribution declarations:

Expected Ex-Dividend Date	December 22, 2009
Record Date	December 24, 2009
Payable Date	December 31, 2009

Ticker	Exchange	Fund Name	Frequency	Per Share Amount
First Trust Exchange-Traded Fund				
FDM	NYSE Arca	First Trust Dow Jones Select MicroCap Index SM Fund	Semi-Annually	\$0.0365
FDL	NYSE Arca	First Trust Morningstar [®] Dividend Leaders SM Index Fund	Quarterly	\$0.1732
FPX	NYSE Arca	First Trust US IPO Index Fund	Semi-Annually	\$0.2600
FDV	NYSE Arca	First Trust DB Strategic Value Index Fund	Semi-Annually	\$0.1607
FVI	NYSE Arca	First Trust Value Line [®] Equity Allocation Index Fund	Semi-Annually	\$0.0855
FVD	NYSE Arca	First Trust Value Line [®] Dividend Index Fund	Quarterly	\$0.0916
FRI	NYSE Arca	First Trust S&P REIT Index Fund	Semi-Annually	\$0.1116
FIW	NYSE Arca	First Trust ISE Water Index Fund	Semi-Annually	\$0.0740
FCG	NYSE Arca	First Trust ISE-Revere Natural Gas Index Fund	Semi-Annually	\$0.0256
FNI	NYSE Arca	First Trust ISE Chindia Index Fund	Semi-Annually	\$0.0189
QQEW	NASDAQ	First Trust NASDAQ-100 Equal Weighted Index SM Fund	Semi-Annually	\$0.0450
QTEC	NASDAQ	First Trust NADAQ-100-Technology Sector Index SM Fund	Semi-Annually	\$0.0136
QQXT	NASDAQ	First Trust NASDAQ-100 Ex-Technology Sector Index SM Fund	Semi-Annually	\$0.0523
QABA	NASDAQ	First Trust NASDAQ [®] ABA Community Bank Index Fund	Semi-Annually	\$0.1500
First Trust Exchange-Traded Fund II				
FDD	NYSE Arca	First Trust Dow Jones STOXX [®] European Select Dividend Index Fund	Quarterly	\$0.0600
FFR	NYSE Arca	First Trust FTSE EPRA/NAREIT Developed Markets Real Estate Index Fund	Semi-Annually	\$1.3344
FGD	NYSE Arca	First Trust Dow Jones Global Select Dividend Index Fund	Quarterly	\$0.2244
FAN	NYSE Arca	First Trust ISE Global Wind Energy Index Fund	Semi-Annually	\$0.2670
FLM	NYSE Arca	First Trust ISE Global Engineering and Construction Index Fund	Semi-Annually	\$0.0760
GRID	NASDAQ	First Trust NASDAQ [®] Clean Edge [®] Smart Grid Infrastructure Index Fund	Semi-Annually	\$0.0120
First Trust Exchange-Traded AlphaDEX[®] Fund				
FEX	NYSE Arca	First Trust Large Cap Core AlphaDEX [®] Fund	Semi-Annually	\$0.0910
FNX	NYSE Arca	First Trust Mid Cap Core AlphaDEX [®] Fund	Semi-Annually	\$0.0901
FYX	NYSE Arca	First Trust Small Cap Core AlphaDEX [®] Fund	Semi-Annually	\$0.0318
FTA	NYSE Arca	First Trust Large Cap Value Opportunities AlphaDEX [®] Fund	Semi-Annually	\$0.1600
FTC	NYSE Arca	First Trust Large Cap Growth Opportunities AlphaDEX [®] Fund	Semi-Annually	\$0.0122
FAB	NYSE Arca	First Trust Multi Cap Value AlphaDEX [®] Fund	Semi-Annually	\$0.1885
FXD	NYSE Arca	First Trust Consumer Discretionary AlphaDEX [®] Fund	Semi-Annually	\$0.0220
FXG	NYSE Arca	First Trust Consumer Staples AlphaDEX [®] Fund	Semi-Annually	\$0.0832
FXN	NYSE Arca	First Trust Energy AlphaDEX [®] Fund	Semi-Annually	\$0.0216
FXO	NYSE Arca	First Trust Financials AlphaDEX [®] Fund	Semi-Annually	\$0.0402
FXR	NYSE Arca	First Trust Industrials/Producer Durables AlphaDEX [®] Fund	Semi-Annually	\$0.0620
FXZ	NYSE Arca	First Trust Materials AlphaDEX [®] Fund	Semi-Annually	\$0.1716
FXU	NYSE Arca	First Trust Utilities AlphaDEX [®] Fund	Semi-Annually	\$0.1451

First Trust Advisors L.P., the Funds’ investment advisor, along with its affiliate First Trust Portfolios L.P., are privately-held companies which provide a variety of investment services, including asset management, financial advisory services, and municipal and corporate investment banking, with collective assets under management or supervision of approximately \$25 billion as of November 30, 2009 through closed-end funds, unit investment trusts, mutual funds, separate managed accounts and exchange-traded funds.

You should consider the investment objectives, risks, charges and expenses of a Fund before investing. Prospectuses for the Funds contain this and other important information and are available free of charge by calling toll-free at 1-800-621-1675 or visiting www.ftportfolios.com. A prospectus should be read carefully before investing.

Past performance is no assurance of future results. Principal Risk Factors: A Fund’s shares will change in value, and you could lose money by investing in a Fund. An investment in a Fund involves risk similar to those of investing in any fund of equity securities

traded on exchanges. A Fund seeks investment results that correspond generally to the price and yield of an index. You should anticipate that the value of a Fund's shares will decline, more or less, in correlation with any decline in the value of the index. A Fund's return may not match the return of the index. Unlike the Fund, the indices do not actually hold a portfolio of securities and therefore do not incur the expenses incurred by the Fund. A Fund may invest in small capitalization and mid capitalization companies. Such companies may experience greater price volatility than larger, more established companies. The risks of investing in each Fund are spelled out in its prospectus, shareholder report, and other regulatory filings.

Investors buying or selling Fund shares on the secondary market may incur brokerage commissions. Investors who sell Fund shares may receive less than the share's net asset value. Unlike shares of open-end mutual funds, investors are generally not able to purchase Fund shares directly from the Fund and individual shares are not redeemable. However, specified large blocks of shares called "creation units" can be purchased from, or redeemed to, the Fund.

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Source: First Trust Advisors L.P.